



- BAR FOOD MENU -

Monday – Saturday 3.00pm – 9.30pm

Sunday 4.00pm – 9.00pm

STARTERS

Freshly made Soup of the Day €6.50

Served with a Bread Roll or Brown Bread

(1),(2),(4)

Spicy Chicken Wings €7.95

Cooked with Lemon Pepper & Tossed in Louisiana Hot Sauce with Blue Cheese Mayo & Carrot Sticks

(1),(2),(3),(4)

Seafood Chowder €8.50

Prawns, Scallops, Salmon, Mussels & Cod in a Creamy Veloute. with Homemade Brown Bread & Lemon

(1),(2),(4),(10),(11)

Deep Fried Brie in Panko Crumbs €7.95

Tomato & Pepper Relish, Side Salad

(1),(2),(6),(7)

Crispy Chinese Duck Pancakes €9.90

Crispy Duck in House Sauce Served with Steamed Pancakes, Cucumber & Spring onion

(2)(3)(4)(1)

Garlic Mushrooms €7.95

Crispy Breaded Garlic Mushrooms with Light Salad & Garlic Dip

(2)(4)(3)(1)

Goats Cheese Salad €7.95

Rocket Leaves, Poached Pear, Salt & Sugar Walnuts

(4)(5)

Cajun Chicken Caesar Salad €7.95

Cajun Chicken, Baby Gem Lettuce, Bacon, Parmesan & Croutons

(1)(3)(4)(5)(10)

MAIN COURSES

GRILLS

10oz Sirloin Steak Sandwich €23.50

Sauté Onions, Pepper Sauce or Garlic Butter

(1),(3),(5),(13)

10oz Fillet Steak €32.90

Onion Rings, Pepper Sauce or Garlic Butter

(1),(4),(13)

The above Steaks are served with a choice of one Side Dish And a choice of Sauces, Pepper Sauce or Garlic Butter

Steak Burger (8oz) €16.95

Topped with Grilled Cheddar Cheese, Southwest Mayo, Homemade Relish & Caramelised Onion

(1)(4)(5)(3)(7)(6)(13)

Southern Fried Chicken Curry Burger €17.50

Topped with Mango Chutney, Garlic Mayo, Tomato & Lettuce

(1)(3)(4)(5)

All served on a Brioche Bap and a Choice of one Side

MEAT DISHES

Open Grilled Chicken Kebab €17.50

Grilled Breast of Chicken on Flat Bread & Salad, Duo of Sauces

(1)(2) (3)(4)(5)

BBQ Baby Back Ribs & Grilled Chicken €20.50

House Coleslaw & Side of Your Choice

(2) (3) (5)

Roast Joint of the Day (Please ask for Today's Choice)

€15.95

Served with Seasonal Vegetables & Potatoes

(1),(4),(13)

Mango & Brandy Chicken €18.50

Panfried Breast of Chicken in Mango & Walnuts. Brandy Cream Sauce, Fresh Avocado & Asparagus

(2)(4)(5)

Crispy Half Chinese Roast Duck €23.50

Orange Sauce, Pak Choi, Sesame Seeds

(2)(4)(7)(12)



Yellow Malaysian Curry served with Rice or Chips

Aromatic Coconut Curry, Asian Greens, Peanuts, Grilled Flat Bread

(1) (2) (4)(7) (10) (11) (8) (6)

Chicken	€18.50
Prawns	€19.50
Vegetable (V)	€15.00

Chicken & Vegetables Noodle Stir-Fry €18.00

Egg Noodles, House Sauce & Asian Veg

(1),(3),(6)(12)

Lentil Dhal (V) €15.50

Sweet Potato, Carrot, Mild Spices, Jasmin Rice, Light Yogurt Drizzle. Vegan friendly with no Yogurt

(2),(4)

Cajun Chicken & Bacon Pasta €17.50

Peppers, Mushrooms, Onions in a Rose Sauce Tossed with Fresh Twisted Pasta

(1), (2), (3), (4) (13)

FISH & SEAFOOD

Beer Battered Fish of the Day €18.50

Homemade Chips, Tartar Sauce & Lemon

(1),(3),(4),(5),(10)(2)

Glazed Grilled Salmon Fillet €21.50

Sweet Pad Thai Sauce, Steamed Greens, Sesame Seeds & Rice or Chips

(2),(7)(10)(1)

Pan-fried Seabass €19.50

With Mussels & Spinach in White Wine Sauce

(4)(5)(10)(13)(12)

The above are served with a choice of one Side Dish

SANDWICHES

Roast Beef Classic Panini €9.95

Sheelin's Rib Eye of Beef, Onion Marmalade, Horseradish Sauce & Rocket

(1)(2)(3)(4)(5)(7)(6)

The Veggie Focaccia (V) €9.00

Goat's Cheese, Mango Chutney & Cucumber, Pesto, Sundried Tomato & Onion, Mixed Leaves

(1)(2)(3)(4)(5)(7)(6)

The Turkey Club €9.95

Fresh Roast Turkey, Crispy Bacon, Tomato & Lettuce on a triple Decker Fresh White Bread

(1)(3)(5) (13)(6)

SIDE ORDERS

Homemade Chips €3.80

(1)

Sweet Potato Fries €4.50

(1)

Creamy Garlic Potatoes €3.80

(1)(2)(4)

Mixed Seasonal Vegetables €3.80

(4)

Buttery Champ Potato €3.80

(4)(3)

Onion Rings €3.80

(1)(3)(4)

Side Salad €3.80

(1)(2)(5)

DESSERTS

Homemade Strawberry & Raspberry Sherry

Trifle €6.95

Served with Vanilla Custard & Almonds (Gluten Free)

(3),(4)(9)

Warm Chocolate Brownie €6.95

Hot Chocolate Sauce, Honeycomb & Ice-Cream

(1)(3)(4)

Christmas Pudding €6.95

With Brandy Sauce

(1)(3)(4)(8)

Cheesecake of the Day €6.95

Please ask Server for Details

(1),(4)

Fresh Melon & Pineapple €6.95

With Fresh Greek Yogurt, Berries & Honey (Healthy Option)

(4)

Homemade Rocky Road Ice Cream €6.95

Chocolate Sauce & Fan Wafer

(4) (3) (1)

Fresh Pavlova €6.95

Strawberries, Fresh Cream & Mango Passion Fruit Sauce

(4) (3)

Food Allergens

Please find a list of food allergens below. Each dish on our Menu have allergy numbers listed in their description e.g. (10) = Fish

1. Cereals containing gluten, 2. Celery, 3. Egg, 4. Milk, 5. Mustard, 6. Soybeans, 7. Sesame Seeds, 8. Peanuts, 9. Tree Nuts, 10. Fish, 11. Crustaceans, 12. Molluscs, 13. Sulphur Dioxide/Sulphites, 14. Lupin, (v) vegetarian option